



IMPERIAL CAREGIVER, 1200 Morris Turnpike Ste 3005, Short Hills, NJ 07078

CHHA Self-Assessment of Skills

Employee:

ID#

Date:

Knowledge/Skills	Adult			Children		
	Able to do	Need Review	Never did	Able to do	Need Review	Never did
Vital Signs:						
Temperature						
Pulse						
Respiration						
Basic Care:						
Complete Bed Bath						
Bath Sponge, Tub or Shower						
Foot Care						
Mouth Care						
Hair Care						
Nail Care						
General Skin Care						
Decubiti Care (bed sore)						
Shampoo sink, tub or bed						
Patient Positioning						
Toileting and Elimination						
Care of an incontinent patient						
Range of Motion						
Make bed						
Patient Safety:						
Wheelchair						
Cane						
Walker						
Assist patient walking						
Transfer (bed to chair/wheelchair)						
Body Mechanics						
Patient home safety						
Special Care:						
Foley Catheter						
Condom Catheter						
Fractional Urines (S&A)						
Assist with Colostomy Care						
Knowledge of low salt diet						



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	Able to do	Need Review	Never did	Able to do	Need Review	Never did
Knowledge of low cholesterol (low fat) diet						
Knowledge of Diabetic diet						
Hoyer Lift						
Reinforce dressing						
Change simple non sterile dressing						
Care of paralyzed patient						
Care of handicapped patient						
Care of developmentally delayed patient						
Care of psychiatric patient						
Care of Autistic patient						
Care of elderly patient						
Care of confused patient						
Infection control:						
Gloves						
Disposal of hazardous materials						
Universal Precautions						
Mask						
Gown						
Charting:						
Read and follow Aide Plan of Care						
HHA Worksheet						
Activities of Daily Living:						
Dust and vacuum						
Wash dishes						
Clean kitchen, bedroom, bathroom						
Shop for patient						
Wash and iron clothes						
Prepare meals						
Communication with:						
Client						
Family/ caregiver						
Health Care Team						
Supervisor						